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Schwinn ad7 airdyne exercise bike stores

Photo Courtesy: Pixabay An exercise bike is one of the best ways to get a quality workout from home without trekking to the gym. A bike is suitable for all ages and fitness levels, making it a top choice for a home gym. If you're ready for a workout that's private, comfortable and convenient, consider one of these top exercise bikes for your home. MORE FROM CONSUMERSEARCH.COM The Schwinn® Airdyne® AD7 Bike combines the latest in air resistance technology with unmatched durability and performance, allowing you to reach your full potential in the comfort of your own home. Whether you use it to bring your HIIT workouts to a new level or require the perfect total body cardio workout, the AD7 delivers versatile and challenging workouts. The Schwinn AD7 Airdyne bike that I received had been repackaged, and I was not happy about that! The box, and inside contents had large amounts of transparent package tape holding things together. Amazon normally offers a discount on an item that has previously damaged packaging, or cosmetic blemishes, and markets that item as used. Due to the substantial cost of this item, I would not have taken a chance on a repackaged product, that someone else rejected and returned. That said...I could not find any damage to the bike, and only an insignificant Transport and Immobilization Strap was missing. I believe the bike itself is worthy of a good rating, and I will complain to Amazon about the repackaging. The bike is solid and smooth, and will give you whatever level of workout you want to put yourself through. I deducted a star because of the blast of air that blows into your face as the fan spins. I can overcome that problem, but a removable wind blockershould be included in the price. The \$50 that Schwinn wants for a small, optional, wind screen is outrageous. Helpful information: I spent several hours researching the Schwinn Airdyne, by looking at Customer Reviews and You Tube videos. What is the difference between an Airdyne7 and an Airdyne Pro?? I was able to previously see and try out the Pro at a distant city. They wanted \$1299 for it. The Pro was \$999 on Amazon, while the AD7 was \$899. Being a penny pinching retired senior, I took a chance and opted for the AD7 after seeing otherreviewers say that it is the same as the Pro. The AD7 that I got was the same as the Pro that I saw in the distant store. The only difference was the name on the side of the bike frame. I suspect that Schwinn wanted to charge more money for their product, and simply re-named it the Pro, and added \$100 to the price. As for a wind screen, I followed the advice of another reviewer, and ordered a plastic fender/shield from Mucky Nutz on Amazon. The cost was \$11-13, depending on color. It came with some velcro style tape to attach it, but small zip ties would also work. It too was overpriced. Somehow, I will solve the air blast in the face problem, I just don't want something ugly, like duct tape,unless I have to. However, there is black duct tape, also sold on Amazon. Bottom line--I really needed to get a compact piece of exercise equipment to stay heart healthy, and believe the Schwinn Airdyne 7 will fill that need. I suspect the AD7 will not be available very long, after the supply of those with that name imprinted on it runs out. P.S. The rollers at the front are really nice for moving the unit around for cleaning under it, or moving it to another room. Best wishes and happy fitness, from a grandpa.Update: Amazon's great customer service gave me a bit of a refund to make up for my having received a returned, repackaged item.Update- Assembly: I was able to assemble the bike by myself, even though the manual said two people were needed. It would have been nice to have my wife (she was away) hold items while I lined up screws, but it worked out ok. While some reviewers had problems with installing the handles, it was a non-issue for me. All you have to do is look at the splines on the shaft, as well as the splines on the hub of each handle, and line up the flat spot with each other. I found it helpful to use a rubber mallet to gently tap the handle hub onto the shaft, to overcome a little resistance from some paint overspray inside the hub. Then, insert the two, Right handle bolts, from front to back, and the two, Left handle bolts, from back to front. Don't use only the ball end of the supplied allen wrench (as shown in the picture), but use the L end of the wrench to tighten the bolts properly. The handles are thus firmly secured with no wobble or play in them. I am now a Happy Camper!Update- 8 months later. Bike still smooth and wonderful. My wife and I are small people (less than 5'4" tall), but we have lost over 20 lbs each, due to regular workouts on the bike and more sensible eating habits. Weight and blood pressure now at levels I had when 20 years old. Using the bike while watching TV makes exercise session more enjoyable.Update-Jan 2020 (almost 2 years). Bike still smooth and wonderful. Got lax and gained back 5 lbs in Nov-Dec, due to cruise type vacation plus Thanksgiving and Christmas eating. Big deal for me on weight gain. Renewed commitment to using bike (indispensable!!) and better eating. Have shed 4 of the 5 lbs. No fad diets needed. Just eating less junk and more fruit-vegetables. Could not have done it without bike, which is essential to keeping weight off, long-term. Blood pressure is at healthy young adult level. Before bike purchase, was borderline needing BP medication. Back to category CC-BY/PublicDomainPictures/pixabay More and more people are making the decision to buy a bike. Riding a bike provides great exercise, a traffic-free mode of transportation and, potentially, a lot of fun. Figuring out which bike to buy, however, can be a daunting task. With so many different types of bikes on the market, your options are nearly limitless.This guide will help you explore those options and find the perfect bike for your needs.Where Do You Plan to Ride? The most important thing to consider when buying a bike is how exactly you plan to use it. There are so many different types of bikes, all geared toward different purposes. Thinking about your purpose is naturally the first step to figuring out which bike is best for you.Will you mainly be commuting to work on sidewalks? Or will you be riding on unpaved roads or trails? How far will you ride? Here are a few of the most common types of bikes.Road Bicycle Also called a racing bike or a 10-speed, these bikes are specifically designed for riding on paved surfaces. With thin tires and lightweight frames, road bikes offer speed and efficiency. If you want to ride mainly for exercise and plan to stay on the asphalt, a road bike is your best option. City or Commuter Bicycle A city bike is for people who want to commute to and from work, go from dorm-room to campus, run errands, all with ease and comfort. These bikes typically have fewer gears than a road bike and larger tires, but they can still be fast, depending on the model. If your commute is long, you'll want to look for a bike with a more aggressive handlebar position, meaning that the bars are flat and set lower than the saddle, allowing for more speed. If you're just wanting something to cruise through the city on, you'll want a bike geared more toward comfort, with a more upright position, fewer gears and possibly a front-basket or rear-rack. Mountain Bike These bikes are durable and rugged, with flat handlebars for control and wide tires for traction. If you're an outdoorsman and plan on riding trails or dirt-roads in the countryside, this is the type of bike you need. A more sophisticated suspension protects you against bumps and jolts, a wider range of gears allows you take on hills and a strong set of brakes keeps you safe. Gravel Bikes Also called an adventure bike, these are perhaps the most versatile. This is the bike for you if plan to do some serious journeying. With drop-down handlebars, these look similar to road bikes but are a lot different. They're still lightweight, and they're still fast, but they have clearance for significantly larger tires, allowing for off-road use. They also come with a ton of accessory mounts. Disc-brakes are standard for these bikes, as is a wide gear range. Consider this bike if you plan on going on all-day adventures and want something that can handle whatever you throw at it. Hybrids What if you're unsure of what kind of riding you'll be doing? Or what if you plan to do a little of everything? Well then, a hybrid bicycle might be right for you. These bikes are usually a mix between a road bike and a mountain bike. Although if you're thinking this is the best of both worlds, you'd be wrong. These bikes are good for general use and aren't limited to one purpose, but they excel at nothing. How to Buy Now that you have a better idea of which type of bike best suits your needs, how do you find which specific model you want, and how do you buy it? Well, you have two options: Buy online or go into a bike shop.Online stores offer the biggest selection and usually have cheaper prices, but assembly can be a real pain. The biggest con of buying a bike online is not being able to take it out for a test ride.If you go into a store, on the other hand, you can ask a ton of questions and make sure the bike is actually comfortable for you. One good option is to search the Internet for that perfect bike, and then call into local bike stores to make sure they have it. You can then go in and ask all the additional questions you might have in person, as well as take it out onto the road before you commit.Budget The cheapest quality bikes on the market usually cost between \$300 and \$500. There are plenty of cheaper bikes, but they are often low quality. If this price range is out of your budget, consider buying used, or just setting some time aside to save your money. You won't regret it.When you get into the \$500 to \$1,000 range, you'll get higher quality front suspensions, disc brakes and lighter frames and wheels, while \$1,000 to \$2,000 bikes offer carbon frames, truly great suspensions and even lighter wheels and tires. Some bikes get even more expensive, the best of them coming in well over the \$10,000 mark, but these bikes are for experts who already know exactly what they're looking for. 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